

# SPORT/PHYSICAL ACTIVITY/LEADERSHIP LEARNING JOURNEY



## POST-16



- If completed the Award, learners may progress to BTEC Level 1 Introductory to Sport Certificate
- If ready, learners may begin BTEC Level 1 Introductory in Sport Award
- If ready, learners may complete Sports Leaders Level 1
- Some learners may utilise physical activity as a wellbeing time rather than an academic subject

## YEAR 11



- If completed the Award, learners may progress to BTEC Level 1 Introductory to Sport Certificate
- If ready, learners may begin BTEC Level 1 Introductory in Sport Award
- If ready, learners may complete Sports Leaders Level 1
- Some learners may utilise physical activity as a wellbeing time rather than an academic subject

## YEAR 10



- Some learners may utilise physical activity as a wellbeing time rather than an academic subject
- Learners may begin BTEC Level 1 Introductory in Sport Award
- Learners may complete Sports Leaders Level 1 if now ready to
- Continue to develop understanding of skills used in sport eg, teambuilding, communication

## YEAR 9



- Some learners may utilise physical activity as a wellbeing time rather than an academic subject
- Begin to understand how to use various skills in sports eg. Problem solving, forward thinking
- Begin Sports Leaders Level 1 qualification to utilise leadership skills for life and sport

## YEAR 8



- Begin to understand the impacts of physical activity through play
- Begin to demonstrate better motor skills and survival skills (swimming)
- Use sport to develop leadership/life skills through Young Leaders Award (if ready)
- Demonstrate use of, and understanding of skills used in sports/physical activity (AQA Units)

## YEAR 7



- Play based activities for increased physical activity
- Looking at improving basic motor skills
- Basic survival skills such as swimming
- Allow students to experience new activities
- Learning about basics in the sporting industry with visits to facilities